

Player Ethics @ Douglas County

A. Opening:

To play football at Douglas County High School is a privilege. Therefore in order to play football you must meet the standards that are set for our program by the administrators, staff and team leaders of Douglas County High School. These standards are designed to promote winning and to guarantee your success in life.

B. Standard Rules:

1. We will conduct ourselves like champions. We will never except anything else.
2. We will do what is expected of us in the classroom. If you cannot get it done in the classroom you can not get it done as a member of our team.
3. Suspensions of any nature will apply to that week's game and practices.
4. No tobacco, drugs or alcohol Period.
- 5. Do what you are supposed to do when you are supposed to do it and do it right every time.**
6. You are responsible for your equipment. If you lose it, damage it or destroy it, you pay for it.

C. Practice

1. We run to every drill, off of every field and through every drill.
2. You are expected to attend every practice.
 - 1 unexcused --1 game suspension – running
 - 2 unexcused – 2 game suspension – running
 - 3 unexcused – loss of privilege to play at Douglas County High School.
- 3. If you are going to miss a practice contact me before practice begins 303-387-1034**
4. You will be on time to every practice and meeting
5. Playing time is determined by practices. If you do not practice hard you will not play.
6. We will outwork every team every day in everything that we do.
7. You will wear your assigned uniform to practice in.
8. It is the coach's responsibility to teach and your responsibility to learn.
9. If you are excused for practice by me you will make up the conditioning & will miss the start of the next game. 2 excused practices equal 1 unexcused practice.

D. Showtime

1. Win
2. Conduct yourself as a champion.
3. Referees are there to ref, the coaches to coach and you to play the game.
4. We will all wear the same uniform, socks, shoes and helmet decals.
5. We will make sure that we have all of our equipment before we depart for the stadium.
6. If you are on the sideline be a part of the game.

E. Eligibility

1. All athletes must have a physical on file in the athletic office before the first practice.
2. All athletes must have an athletic clearance card to participate.
3. All Student Athletes are bound by Douglas County High School policies.
4. Athletes that fail three classes in the spring semester are ineligible.
5. Student Athletes are ineligible for one game if they are failing or have poor citizenship marks in two or more classes.
6. If you are failing 1 or more classes or if you have 2 D or you will be required to attend a Wednesday Night Study session on the South Commons. It will be mandatory. If you fail to attend, you will not be allowed to play.
7. You are required to turn in an eligibility sheet every other week.

F. Travel Guidelines

1. You go with the team. You leave with the team.

G. What we expect from you as a player

1. Loyalty
2. Hard worker
3. Committed to the classroom
4. Committed to the Huskies Football Program.
5. To conduct yourself as a champion.
6. Be on time to every meeting and practice and team function.
7. To take part in all Douglas County High School Football activities.
8. To be committed to the weightroom.
9. To be an All-State player
10. To treat people with respect and to have no prejudices.
11. To be a role model to underclassmen.
12. To never use drugs, alcohol or tobacco.
13. To be a good person.
14. To reach your goals in academics and athletics.

H. What you can expect from us as coaches

1. Loyalty
2. To be honest
3. To be good role models.
4. To be the best coaches in the state
5. To place you in a position to win.
6. To always have an open door.
7. To always keep your best interest in mind.
8. To be supportive of your parents and your teachers needs.
9. To help you reach your goals in football and in life.
10. To give you a foundation for you to be successful after football.
11. To be respectful of your opinions and beliefs.
12. To teach you the basic fundamentals of the game of football.

Progress Reports & Study Halls

Purpose: The purpose of the Huskies progress reports is to hold you accountable for your academic progress during the course of the fall semester. We want to make sure that you leave this program with all the tools necessary to achieve your goals in life.

Program: You must get a progress report signed by all of your teachers every other week. The progress reports are handed out on Monday and must be turned in by 2:30 PM on Thursday. The first one is due on August 21st. If you are having academic difficulties you will attend study hall on Wednesday evenings and run every Wednesday morning at 6:15 AM until the matter is resolved. The study tables begin August 27th at 5:45 PM to 7:30 PM in the South Commons. The progress reports are collected on Thursday and the disciplinary actions will apply to the following week. You will bring material to the study tables that are applicable to the classes that you have low grades in.

Who must attend? Anyone with 2 D's or any F's must attend study tables until the grades improve. You will be given weekly progress reports from that point on. Those progress reports will signify whether you must continue attending the study tables.

What if I the teacher was not there to sign my progress reports? You will have the substitute sign it verifying the fact that the teacher was not there.

What if I do not get a signature? It will be treated as if you are failing that class and therefore you must attend the next study table and you will be required to participate in our Wednesday discipline runs at 6:15 AM.

What if I forgot the progress report or it's late? If it is not turned in Thursday, you are deemed ineligible for the next week's game until it is turned in Friday. If you turn it in on Friday you must attend study table on Wednesday and run Wednesday Morning at 6:15 AM. If it is not turned on Friday you are ineligible for the following week's competition, you must attend study tables, and run until the matter is cleared up. If it spills into the following week you will be ineligible for the following week's game also.

What if I have 2 or more F's? If you have two or more F's one of two things is occurring. One, you are being lazy in your responsibilities or two; you are not getting help when you need it. Therefore, you will not play football until your classroom progress improves. If you have 2 or more F's you are ineligible for the following week's game, you will have disciplinary runs on Wednesday morning and you will be required to attend study halls until your grades improve. Your ineligible status will not improve until your grades improve.

Disciplinary Actions & Punishments

The following items are behaviors that will need to be corrected. We are not prison wardens, but we do have a responsibility to make sure that we help in your development to become a very productive and successful adult. We will follow each of these principles to make sure that you have a good solid foundation that will teach you responsibility and accountability.

Flagrant disciplinary issues: Will constitute a strike. You are given three strikes in this program and on your third strike you are no longer a part of this program. When you receive a strike for an action that we feel is detrimental to the team the following actions will be taken.

1. You will be held out/or suspended for the next game.
2. You will have disciplinary runs after practice to make up.
3. Your parents will be contacted.
4. You will apologize to the team.

If the above items are not met, your suspension will last until the issues are resolved.

2nd flagrant disciplinary issue. You will receive your second strike. The following actions will be set in motion:

1. You are suspended for one week/ and will be held out of the 2nd week game until your positions coach puts you in the game.
2. You will have disciplinary runs after practice
3. You and your parents will meet with the head coach to discuss the issues.
4. You will apologize to the team.

If the above items are not met, you are given a third strike and removed from the team.

3rd Flagrant disciplinary issue: Loss of privilege to play football at Douglas County.

An excused absence: Is a pre-approved absence by the head coach. You will make up that days running with one 400 yard shuttle after practice. You cannot start the next game and will put in at a time that the coaches agree upon.

An unexcused absence: Is an unexcused absence from a practice, study hall, or meeting. You will have 400 yard shuttles after practices. You cannot play in the next game. If you have 3 unexcused absences you will lose your privilege to play at Douglas County High School.

Tardiness: Is being late to required meeting or practice. You will do fifty pushups on the spot or drive Betsy 100 yards. Repeated behaviors will turn into disciplinary runs after practice.

Lost equipment: Any equipment that is misplaced will require you to do fifty pushups to get it back or replace it. If you lose it, you will also have to pay for it.

DCHS HANDBOOK FOR PARENTS

REASONING: We believe that parents play an integral part in our program at Douglas County High School, and because of this we want to make sure that coaches and parents are on the same page from the start of the season.

Player/ Coach Relationship

1. This is the most important relationship.
2. Parents can drastically affect this relationship by consistent criticism of the coaching staff.
3. Parents should always remember that the son and the coaches work together everyday and negativity at home will lead to negativity at practice and it is a cycle that is tough to break.
4. Parental coaching at home that is in direct opposition of the coaching at Douglas County High School will impede the athlete's progress.

Parent/ Coach Relationship

1. Allow the coaches to instruct and direct our team.
2. Do not question or confront the coaches in front of players or peers.
3. If the need arises to discuss a problem with a coach make an appointment and discuss the problem in a professional manner. 24 hour rule following a game.
4. Remember that coaches are in the business to help your son succeed. The same reason you're here, and while it may be a different approach, it is geared toward the same goal.
5. Don't believe everything you hear from a teenager. **Communication** is key.
6. Have loyalty to the program.
7. "A house divided cannot stand" – Abraham Lincoln
8. We will always have an open door for parents.

Parent/ Player Relationship:

1. Never live through your child he can't do it.
2. Be positive and supportive without adding undue pressures & unrealistic expectations.
3. Be proud of your son. He is playing football, giving something back to the school and most importantly he is doing something very rewarding and productive.
4. Be prepared for the peaks and valleys of teenage emotions, and remember that every time your son overcomes adversity he is becoming a stronger adult.

Sportsmanship:

1. Parents must demonstrate good sportsmanship and serve as role models.
2. Specific obligations would include
 - * No vulgar language on school grounds
 - * Taunting or trash talking will not be allowed.
 - * Parents are not allowed on the field during any contest or practice.
 - * Do not harass game officials following a contest.
 - * Watch what you say about particular coaches – their families are there also.
 - * Be supportive of your son and his friends – Let them shine on game night.

Eligibility:

1. Your son must meet the guidelines of CHSSA, DCSD RE-1 & DCHS

